**‘STEPPING STONES TOWARDS SPIRITUAL GROWTH’**

**WEEK 5 – ‘Life-giving relationships’ – week beginning 12 August**

Bible readings: Hebrews 3:12-14, 10:23-25

* Watch PREVIEW CLIP together
* Why do you think the encouragement that comes from ‘one another’ is such an important part of helping us take steps towards spiritual growth? Particularly consider how this might be so in the light of what Hebrews 3:12-14 speaks about.
* What challenges of life and faith do you think can stop us from ‘holding unswervingly’ to the hope we profess? (Hebrews 10:23) Why is the fact that ‘He who promised is faithful’ so important in that?
* Hebrews 10:24 speaks of how we can spur one another on towards love and good deeds. What are some ways that you can do this with one another in your small group?
* Hebrews 10:25 instructs us to ‘not give up the habit of meeting together, as some are in the habit of doing’, but to encourage one another increasingly. What can cause us to get out of the habit of meeting with other followers of Jesus?
* What does meeting with other followers of Jesus in a way that is life-giving look like to you?
* What’s a ‘next step’ for you and your group in developing life-giving relationships both with God and one another?